

Cafeteria Menu (w. e. f. - 01 April 2022)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Sunday
	<i>Morning Cereals (6:50 AM)</i>						<i>Timing</i>	
<i>Cereal</i>	Cornflakes Milk	Cornflakes Milk	Cornflakes Milk	Cornflakes Milk	Cornflakes Milk	Cornflakes Milk	8:00 AM – 9:00 AM	Cornflakes Milk
	<i>Breakfast (10:30 - 10:50 AM)</i>							
<i>Veg.</i>	Pao Bhaji Lemon Onion	Aloo / Gobhi / Mooli Paratha Sauce	Bread ,Butter, Jam Scrambled Paneer	Pao with Aloo Bhonda with Chutney Sauce	Veg. Pasta	Aloo Tikki Burger		
<i>Non Veg.</i>	-		Scrambled eggs					
Fruit	Fruit Seasonal	Fruit Seasonal	Fruit Seasonal	Fruit Seasonal	Fruit Seasonal	Fruit Seasonal		
	<i>Lunch (1:30 - 2:30 PM)</i>						Brunch at 10:30am-12:00pm	
<i>Bread/Cereal</i>	Tawa Roti Boiled Rice	Tawa Roti Boiled / Jeera Rice	Large Poori Boiled Rice	Tawa Roti Jeera Rice	Tawa Roti Jeera Rice	Kichadi Or Poori Aloo		Egg Parantha / Aloo Parantha Or Dosa, Sambar, Coconut Chutney / Lemon Rice
<i>Lentils/protein</i>	Egg Curry Lauki Chana Dal	Rajma Curry	Phindi Chhana	Kadi Pakora	Soya Bean Curry/ Black Chana Curry	Choka Aloo / Baigan / Tomato		Chutney
<i>Greens/Veggie</i>	Green Salad (Only 2 ingredients)	Kuchumber Salad (Only 2 ingredients)	Kuchumber Salad (Only 2 ingredients)	Green Salad (Only 2 ingredients)	Green Salad (Only 2 ingredients)	Green Salad (Only 2 ingredients)		Green Salad (Only 2 ingredients)
<i>Accompaniments</i>	Pickle	Curd	Chhach (Butter Milk)	Pickle	Lassi	Papad Roasted		
	<i>Evening Snacks (4:00 - 4:30 PM)</i>						<i>Evening Snacks (4:30 - 5:30 PM)</i>	
	Kala Chana Chaat	Bhel Chaat / Fries Chutney	Popcorn	Sprout Chaat	Fries	Vada Chutney Ginger Tea		Sandwich
	<i>Dinner (8:00 - 9:00 PM)</i>						<i>Dinner (8:00 - 9:00 PM)</i>	
<i>Bread/Cereal</i>	Tawa Roti Boiled Rice	Tawa/Laccha Roti Boiled Rice	Veg Noodles	Tawa Roti Boiled Rice	Veg Biryani	Tawa Roti/ Tandori Jeera Rice	-	Tawa Roti Boiled Rice
<i>Lentils/protein</i>	Dal Malka Masoor / Arhar Dal	Dal Palak	Fried Rice	Mong Sabut / Urad Dal	Chicken Biryani	Dal Makhani	-	Palak Paneer / Shahi Paneer
<i>Greens/Veggie</i>	Pumpkin / Baigan	Aloo Jeera	Veg Munchurian Chicken/ Khowsey	Toraii / Arbi	Raita , Chutney, Pickle	Bhindi / Tinda	-	Arbi Chicken / Chicken Korma
<i>Accompaniments</i>		Papad			Roasted Papad		-	
<i>Sweet Dish</i>	Milk with Khand	Milk with Khand	Milk with Khand	Milk with Khand	Milk with Khand	Milk with Khand	-	Milk with Khand